



BELIEVE

To be confident that somebody is worthwhile or effective.

I Can vs. I Can't

"Are you confident?"

BODY SOCIAL MIND SPIRIT
PLAY HARD TOGETHER SMART TRUE



BODY SOCIAL MIND SPIRIT PLAY HARD TOGETHER SMART TRUE

Dinner Discussion

Bringing families together to discuss the importance of character.

BELIEVE

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Quotes

“The person who believes they can and the person who believes they can’t are both right.”

“Everything is possible to them who believe.”

Proverb

“The will needs to be stronger than the skill.”

M. Ali

DEFINE IT

Discuss the definition.

To be confident that somebody is worthwhile or effective.

OUTCOME: “You are confident.”

DESCRIBE IT

Discuss the positives and opposites.

Positive

Trust
Faith
Assured
Confident
Risk takers

Opposite

Doubt
Fear
Anxious
Insecure
Tentative

DEMAND IT

List three areas that demand you use this CQ.

DEMONSTRATE IT

1. Discuss the question: “Are you confident?”
2. “How will you demonstrate this CQ in your daily life?”