



COMMITMENT

Devotion or dedication
to a cause or person.

Dedicated vs. Uncommitted

**“Will you bring it
today?”**

BODY SOCIAL MIND SPIRIT
PLAY HARD TOGETHER SMART TRUE

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Dinner Discussion

Bringing families together to discuss the importance of character.

COMMITMENT

Quotes

“The season will just reveal your commitment – every play, every day, every way.”

“I fought the good fight, I finished the race, I kept the faith.”

“Your commitment to the process will determine where you end up.”

“The real record I have set for over 50 years is the fact that I have had one job and one wife.”

Eddie Robinson,
Former Grambling
Head Football
Coach

DEFINE IT

Discuss the definition.

Devotion or dedication to a cause or person.

OUTCOME: “You are dedicated.”

DESCRIBE IT

Discuss the differences in the positives and opposites.

Positive

Dedicated

Faithful

Loyal

Responsible

Promise

Opposite

Uncommitted

Not being there

Divided

Careless

Liar

DEMAND IT

List three areas that demand you use this CQ.

DEMONSTRATE IT

1. Discuss the question: “Are you dedicated?”
2. “How will you demonstrate this CQ in your daily life?”

C O M P L E T E P L A Y E R